

Gilsland Village Magazine

UPDATE FROM GILSLAND PRIMARY SCHOOL

By Hannah Salkeld, Head of School

Gilsland School attended Lanercost Priory last week for RE Week with all the other children from church schools in the Brampton Cluster. It was a great success with presentations about Harvest Around the World, songs and games! Key stage 2 also attended two Children's Forest Days. We learnt about seasonal plants, harvested hawthorn seeds, lit fires, played games, planted trees and sang songs. For our second Messy (Moral, Social, Spiritual, Cultural) morning, we learnt about significant people linked to Black History Month. This includes people like Michelle Obama, Rosa Parks, Pelé, Beyoncé, Nelson Mandela and many more! We participated in the Brampton Cluster football tournament at WHS, creating a joint team with Walton and Lees Hill. We also had Tullie House in to do an assembly about habitats, and a workshop for key stage 2 all about Stone Age to Iron Age.

We still have many things coming up this year, including:

- EY/KS1 trip to Susan's Farm in collaboration with Walton and Lees Hill School
- Talkin Tarn Cross Country
- KS2 Lego STEM workshop in collaboration with Walton and Lees Hill School
- Diwali Messy Morning
- Trip to the Hindu Temple and Mosque in Newcastle
- Seeing 'A Christmas Carol' at the Northern Stage
- Christmas Fair on Saturday 7th December
- EY/KS1 Christmas trip to Walby in collaboration with Whitfield
- Community Christmas Dinner Day with a special visit from the donkeys!
- Our legendary Christmas show
- KS2 Residential to York

We are excited to host a Community Christmas Dinner on Thursday 12th December, including a visit from the lovely donkeys at Wyeknot Donkeys. This will be £6 per person, open to any members of the community and family members. Please contact the school to book a place on 016977 47302 or admin@gilsland.cumbria.sch.uk.

HALTWHISTLE HISTORY & HERITAGE GROUP

By Wendy Bond

This new-ish group is open and free for anyone who shares our enthusiasm for knowing more about our very special area and the people who have lived, worked and played here over two millennia. We will meet twice before Christmas.

First, on Wednesday 13th November at 10.30am in the Community Room at the Hospital for a talk by Alison Higgs on the History of the Haltwhistle Burn: now a delightful wildlife walk but once alive with many of the industries that made Haltwhistle a magnet for skilled workers .

And second, for a tour and talk at the Black Bull inn to discover its history, which may well go back a lot further than we might think. This meeting is necessarily limited in numbers (contact Lorna for a place) and, be reassured if there is high demand, Martin has kindly said he will repeat the event.

VILLAGE HALL NEWS

By Clare Hawkins and Janet Gordon

The Village Hall has a new lock on the front door which means anyone who has an original key won't be able to use it. Due to our insurance policy requirements we cannot provide keys to all those that currently have one - you will have to use the key safe code which will be provided on booking. A small quantity of keys are available for user groups, which will be handed out asap. Contact Clare Hawkins on 016977 47371.

VOLUNTEERS NEEDED

Gilsland Village Hall relies on volunteers and after 6 years of being chairperson of the hall Janet has now stepped down from the role. The committee is looking for someone new with fresh ideas and enthusiasm. The next AGM is Feb 2025 so there's plenty of time to find out what's involved.

Please speak to any committee member or call Janet Gordon on 016977 47439.

MEMORIAL CONCERT FOR HILARY GORDON

By Ian Brown

On Saturday 26th October a wide range of local performers will be playing at a tribute concert at the West End Methodist Church in Hexham in memory of Hilary Gordon who sadly died suddenly in the summer of 2023.

Before retiring Hilary had been head of the Northumberland County Music Service and during her time of office made a really big impact on music on schools in Northumberland. Thousands of children and young people benefitted from instrumental lessons but also with the many innovative initiatives that she set up just about every child in Northumberland was involved in the many whole school projects. After retirement, Hilary could not keep away from being involved in music in many different ways and so the concert has a wide range of music from an equally broad spectrum of performers.

The performance includes Maggie Feeney, Ian K Brown, Julie Bainbridge, Landermason, Brampton Chamber Choir and naturally a range of student solos and ensembles. The concert is in the afternoon starting at 3pm with light refreshments afterwards. All people who knew Hilary, or who's musical journey was set on its way by her, and naturally, if you know any of the performers, are most welcome to come along.

No ticket admission but all donations go towards the British Heart foundation and supporting young people in music.

THE NEW HADRIAN SINGERS

This friendly community choir is growing steadily in numbers, skill and daring! Not only have we sung on the Main Stage in a field in Washington, and in Newcastle's cathedral, within the Shindig Choir made up of all four - or is it five - of our leader, Lindsay's choirs, but we are looking forward now to appearing in the wonderful Haltwhistle Pantomime in January! And we are giving a carol concert for the patients, residents and their friends at the Hospital and entertaining the visitors at the Pet Rescue centre in Wetheral in December - phew!

New "term" begins on Friday 1st of November at 7pm, after a break - no session on Friday, 29th October - in the Community Room at the Hospital in Haltwhistle. New members are always very welcome, no auditions, and your taster session is always free!

THE SAMSON INN AND GCBSL RUNNERS-UP IN AWARD

By Cathy Mousette

The Samson Inn and GCBSL were nominated for the Plunkett's Rural Community Business Awards, which showcase the finest in community-owned businesses and the dedicated people who volunteer within them.

The Samson Inn was shortlisted as a finalist in the category of the "One To Watch" award. The award ceremony took place on 23rd October and we are delighted to say we were one of two runners up in the category. Something else to celebrate. Many thanks to Amanda, Kit and Jane for putting a superb presentation together and everybody's hard work over the past 2 years .

HEAD FORWARD POSTURE "TECH-NECK"

By Karen Meyer

Everywhere around us all the time we see others holding their head forward and down, looking at their mobile phone, working at their computers. Initially, this leads to loss of the gentle backward curve in our neck which sags and then is thrust forward because the muscles in the front of the neck become increasingly contracted. The weight of the head collapses the chest, reducing space for our heart and lungs to function. At first we may not notice but it becomes increasingly hard work for the neck muscles to keep the head from tipping further forward.

We have two large muscles forming an outer supporting ring of neck muscles which are uniquely activated by one of the cranial nerves of the brain stem. Cranial nerves regulate a vast array of bodily functions necessary for maintaining homeostasis and facilitating rest. If they become chronically either tense or flaccid, other problems beyond stiffness and pain in the neck and shoulders stem from these muscles including forward head posture, shortness of breath and irregular heartbeat.

You can rebalance your neck muscles and optimise the functioning of the cranial nerves by doing some very gentle movements in your feet. You may think otherwise, but try it and feel if it makes a difference: as you are lying comfortably down, bring the top of your foot away from your shin bone whilst simultaneously bringing your toes in the direction of your knee, giving your full conscious attention to your internal sensations. Very slowly release, rest and repeat with your other foot.

BULLETIN BOARD

Mondays Community coffee mornings

These can be a very pleasant way to get to know village residents and find out what is going on in the village and round about. Do come along some Mondays and find out what you are missing!

Hadrian's Wall Farmers Market

At Greenhead Village Hall on Sunday 10th November from 10am to 2pm. A great selection of plants and crafts, with delicious baking and many local food products. Homemade refreshments while you shop. Stay local, buy the best.

The Poetry Drop-in

Come if you enjoy poetry - listening, reading, making, whatever. Meet on the first Wednesday of every month in Greenhead Village Hall over a cuppa from 1.30 to 3pm. Our theme for November 6th is Home / Homeless - we found ourselves talking about the tramp community last month though we started with Autumn - and the theme for 4th December will be decided at the end of November's chat. Look out for the flyers!

Concert at Greenhead Village Hall

Songs from the Shows with Keith, Stuart and Claire. On 15th November from 6pm. Entrance £8 including pie and peas supper. Contact Elsie 02687747473

Brampton food bank

Located at the community centre and always needs donations. Drop off Monday to Friday. If anyone needs help, ask your doctor or a professional to refer you. Email info@bramptonfoodbank.org.uk. Don't forget there is a collection point for Brampton and Haltwhistle food banks at St Mary Magdalene, Gilsland.

Thank you from Gilsland And Greenhead Knitting Group

Thank you to everyone who kindly donated toiletries to send to Ukraine. We have already sent some and more will be following shortly. The Village Hall, House of Meg and the Chapel will still be collecting any donations for a while if anyone would still like to donate. Many thanks from Brenda and all at the knitting group.

St Mary Magdalene In Memoriam service

On Monday 4th November from 6pm. Come and join us in the twilight peace of the church to remember all those we love who have died. You will be very welcome.

WEEKLY EVENTS

Mondays

- Community Coffee Morning | Village Hall | 10.30am - 12.30pm
- Youth club | Village Hall | 6.00pm - 7.30pm (from 23rd Sept)

Tuesdays

- Yoga | Haltwhistle Leisure Centre | 10.30am - 11.30am
- Walking Group | Haltwhistle, Market Square | 11am
- G&G Knitting Group | House of Meg | 1pm - 3pm
- Outreach Post Office | Village Hall | 1pm - 4pm
- Drama group | Village Hall | 7.00pm

Wednesdays

- Craft Group | Village Hall | 1pm - 4pm
- Yoga | Village Hall | (Chair) 10.30am, (Barre Fitness) 6.15pm and (Hatha & Adult Ballet) 7.30pm

Thursdays

- Outreach Post Office | Village Hall | 9.30am - 12.30pm
- Coffee Break | Methodist Chapel | 10.30am - 12 noon
- Yoga | Village Hall | 7pm - 8pm

Fridays

- Outreach Post Office | Village Hall | 9.30am - 12.30pm
- Yoga | Haltwhistle Leisure Centre | 7.15pm - 8.15pm

Saturdays

- Hatha Flow Yoga | Village Hall | 9am - 10am

DIARY DATES

02/11 | Haltwhistle Masonic Hall | Crafts Fair | 10 - 4pm

04/11 | St Mary Magdalene | In Memoriam choir | 6pm

04/11 | Gilsland Village Hall | Ringtons van | Mid morning

04/11 | Gilsland Village Hall | Women's Institute | Afternoon

10/11 | Greenhead Village Hall | Hadrian's Wall Farmers' Market | 10 - 2pm

12/11 | Gilsland Village Hall | Dominoes night | 7pm

15/11 | Greenhead Village Hall | Songs from the show concert | 6pm

CHURCH SERVICES

BIN DAYS

Northumberland County Council

General waste: 7th & 21st

Recycling: 14th & 28th

View the full calendar at:

www.northumberland.gov.uk/waste

Haltwhistle household recycling

Friday, Saturday, Sunday and

Monday 8am - 6pm

Cumberland Council

Refuse and garden: 11th & 25th

Recycling: 4th & 18th

View the full calendar at:

www.carlisle.gov.uk/residents/bins-and-recycling

Brampton household recycling

10am to 6pm, every day except

Tuesday

Gilsland Methodist

Services start at 10.30 unless stated

10th and 17th of November

St. Mary Magdalene

Monday 4th 'In Memoriam' with

Carlisle Taizé Choir, 6pm

Remembrance Sunday 10th,

10.50am

Sunday 24th Holy Communion,

9.30am

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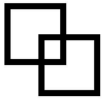
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Wed: Closed



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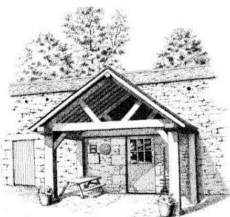
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WHO'S WHO

Carlisle City Councillors: Brampton & Fellside

Mike Mitchelson

Cumbria County Councillor

Mike Mitchelson, 0169772871

Northumberland County Councillor

Alan Sharp, Office: 01434693693, Home: 01434320167, Mobile: 07759665200

Thirlwall Parish Council

Chair: Sue Seymour 07935259416, sue@mosspeteral.com

Vice Chair: Judith Armstrong

Clerk: clerk@thirlwallparishcouncil.org

Councillors: Emma Guerrero, David Keen, Owen Wilkins

Waterhead Parish Council

Chair: David Rackstraw

Vice Chair: Jovan Nicholson

Clerk: Sue Hatt:

waterheadpc@gmail.com

Councillors: John Woodmass-Calvert

Upper Denton Parish Council

Chair: Dan Newrick

Vice Chair: Tim Gordon

Clerk: Sue Hatt:

upperdentonpc@gmail.com

Councillors: Mike Harris

Knitting Group: Brenda Smith, 47361

Community Coffee Morning: Doreen Gutteridge, 47036

Craft Group: Sue Maughan, 47607

Dominos: Doreen Gutteridge, 47036

Folk Club Brampton: Katy, 01228 674209

Gilsland Parish Church: Alison Higgs, 47409; Rev'd Angela Hughes, 2478

Gilsland School: 47302

Greenhead School: 47347

Gilsland Show secretary: Vicky Baty, 01228 675368

Karate: Ross Cruden, 47116

Methodist Church: Melvyn Whatmough, 47524

Over 60s: Sheila Rooney, 47015

Tourism Partnership: Catherine Jarvis, 07759 020 885

Village Hall Committee & Bookings:

Janet Gordon, 47439

Village Hall: 01697 543229 (New)

WI: Doreen Gutteridge, 47036

Youth Club: Clare Hawkins, 47371

Submissions

The magazine is always looking for submissions! The deadline for submissions is the 20th of the month. Submissions may be edited.

Digital copies

Digital copies of the magazine will be available from the 1st of the month at gilslandvillagemagazine.co.uk. You can sign up to get an email alert when the issue is published on the Contact page of the website.

Credits

Thanks to the contributors and advertisers featured in this edition. This publication couldn't be produced and delivered without the help of volunteers. The magazine is edited by Sue Maughan, Chris Cantrill and Liam McNulty (who is also Treasurer).

Advertising

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